



**NOTE: Allodynia** (pain due to a stimulus that does not normally provoke pain) and **hyperalgesia** (excessive sensitivity to pain) are typical of RSD/CRPS I pain.



Reflex Sympathetic Dystrophy Syndrome Association

# Telltale Signs & symptoms of CRPS Type I/RSD\*

P.O. Box 502, Milford, CT 06460 ■ Toll Free: 1-877-662-7737 ■ [www.rsds.org](http://www.rsds.org)

This card was made possible by an unrestricted educational grant from the Celgene Corporation, the Medtronic Foundation and the Purdue Pharma Fund.

\*The formal diagnostic criteria are per the recommendations of the Budapest consensus group: CRPS: Current diagnosis and therapy; Wilson, Stanton-Hicks and Harden; IASP press, 2005:chapter 4.

**CRPS I /RSD is a diagnostic consideration for patients who have pain (moderate to severe) that is disproportionate to any inciting event (sprain, fracture, etc.) and has some of the following characteristics:**

---

- ✓ Pain is described as deep, aching, cold, burning, and/or increased skin sensitivity
  - ✓ The presence of an initiating noxious event (sprain, fracture, etc.)
  - ✓ Continuing pain (moderate to severe) associated with allodynia, or hyperalgesia.
  - ✓ The pain is disproportionate to any inciting event.
- 
- ✓ Abnormal swelling in the affected part
  - ✓ Abnormal hair or nail growth
  - ✓ Abnormal skin color changes
  - ✓ Abnormal skin temperature (greater than 1°C asymmetry)
  - ✓ Abnormal sweating
  - ✓ Limited range of movement, weakness, or other motor disorders (Paralysis, dystonia, etc)
  - ✓ CRPS I /RSD is excluded by the existence of conditions that would otherwise account for the degree of pain and dysfunction